



## Always Ask

*By Rika Peterson*

Volunteers often express the desire for increased connection and synergy with fellow volunteers as a way to enhance their experience and productivity. Inspired by an esteemed colleague and client of ours, this past year we began incorporating a *Question of the Day*.

Asking a *Question of the Day* is not a new concept or exercise. Question sets have been developed for all age groups and types of gatherings: to liven up dinner parties, to inspire kids to be imaginative, and to break the ice among employees. We like to use the exercise when facilitating meetings or strategic planning retreats.

The exercise helps facilitate human connection and acknowledges that everyone in the room has a daily life that informs the perspective they bring to a topic and team setting. We have found that by dedicating a couple minutes for volunteers to learn about one another, connections and opportunities spark. Rapport is also developed in the process, which can put participants at ease to get to work.

Here are our Top 5 favorite *Questions of the Day*. They are as fun as they are productive!

1. When you were a kid, were you a rule follower or rule breaker?
2. Would you rather take a one-month vacation in the city you live in or a one-week vacation anywhere in the world?
3. What is your signature dish?
4. Do you find yourself more often in the weeds or in the clouds?
5. What song do you know by heart?